

Community Investment Fund: Improving Young People's Mental Health

Hosted by SAVS, the Community Investment Fund is managed and delivered by the Community Investment Board, made up of local residents who have volunteered their time to make investments that will enable Southend residents to improve their lives. They are seeking to enable communities and individuals to improve their health and wellbeing, and realise and reach their own aspirations. The Board have received £30,000 (over and above the £1.5m from Southend Borough Council) from Southend Education Trust to invest over three years to enable young people living in Southend to improve their mental health.

What will the board look for?

The board are keen to receive proposals from those based in and/or working in Southend, that:

- Are innovative and tailored to work with young people, acknowledging the need for a different approaches
- Will prevent young people from accessing other statutory services and remove the stigma surrounding mental health
- Complement and go above and beyond statutorily provided and/or required services
- Will build young people's resilience to manage and maintain positive wellbeing
- Will begin activities in early 2022 (ideally January onwards)
- Engage partnerships between young people, organisations and other services

The fund is open to any not-for-profit group with an idea. This can include schools where the activities carried out go above and beyond statutory requirement. You might be a group of individuals with a great idea, a faith group, registered charity, CIC, small constituted group or something else – whatever you are we would like to hear from you if you have a great idea. Funds will be paid into an account in the name of an organisation, if you do not have access to this we can put you in touch with partners who you could build your proposal with.

This is the first of three years that the Board will invest £10,000 annually (2021, 2022 & 2023) from the £30,000 available. Successful applicants will be asked to report on their activities at the end of 2022. Your proposal could need the full £10,000 available or far less.

How to apply?

To apply send one side of A4 with the following information to cib@savs-southend.co.uk by **5pm on Friday 26 November**;

- What organisation you are representing and what they do
- Who you are – your name, role with the organisation, phone number and email address
- Who and how many people will benefit from your plans
- What you plan to do and how young people themselves have designed your ideas and will be part of implementing them
- Why is your idea important and what difference it will make
- When will your activities take place
- How much money you will need and what you will spend it on
- How will you know your activity has made a difference and how will young people be involved in that

Please also confirm if you have two bank signatories and provide your bank account details and copy of the balance sheet from your most recent set of accounts. If you are a new organisation less than one year old please contact us and we can work with you to understand your budget. As part of their review the board may request your governing document, a bank statement and your safeguarding and equalities policies. Successful projects will be asked to acknowledge the Southend Education Trust when publically mentioning their work.

What happens next?

Proposals must be emailed to cib@savs-southend.co.uk by **5pm on Friday 26 November**. Feedback will be provided in the week of the 6 December, with funds transferred before the end of 2021 to enable activities to begin from January 2022. Proposals received after the 26 November will not be considered. The board are committed to publishing information on which proposals are successful and to providing feedback to those which were unsuccessful.

If you have further questions, want to find out more or talk through your idea please contact our Community Investment Fund Coordinator, Gemma Cartwright using cib@savs-southend.co.uk or 01703 356008. By sending in a proposal you are acknowledging that it will be shared with the community investment fund board members and held by SAVS as the hosts of the board. The SAVS privacy notice is available [here](#). By sending in a proposal you are expressing your authority to make an application to us.

We thank you for taking the time to put a proposal together and look forward to being in touch with you.